

About The Wenham Tea House Meal Program

During these uncertain times the Wenham Tea House has launched an affordable homemade meal delivery program to continue serving our community and those in need. We are committed to providing affordable meals with quality, wholesome ingredients, fresh produce and low salt/preservatives to allow for minimum dietary restrictions. Your safety, and the safety of our staff is of utmost importance, which is why we will be delivering your meals to your door; we cannot come into your building or home. We thank you for your continued support and we love supporting you!

Heating Instructions for Biscuits & Scones:

Heating Instructions: Preheat oven to 350°. Remove any plastic and cover with foil. Remove foil for a crispier offering.
Cook for 10-15 minutes or until hot.

Biscuits Ingredients: Flour, sugar, baking soda, baking powder, salt, butter, milk, sour cream, cheese, scallions, salt, pepper, bacon, chives

Scones Ingredients: Flour, sugar, baking soda, baking powder, salt, butter, milk, sour cream, blueberries, cranberries, eggs

Blueberry Muffins Ingredients: Blueberries, flour, sugar, baking soda, baking powder, salt, soy

Orange Sponge Cake Ingredients: Eggs, sugar, water, flour, baking powder, lemon extract

Caramel Bread Pudding Ingredients: Brown sugar, white bread, eggs, milk, vanilla extract, salt
Heating Instructions: Scoop out of pan, put in a microwave safe bowl, wrap with saran wrap. Microwave on high for 2-4 minutes or until hot.

Heating Instructions for Entrees:

Preheat the oven to 350°. Remove plastic and cover with foil. Cook for 45-60 minutes or until hot.
Mac & Cheese heat for 20-30 minutes; Crab cakes & quiche heat for 30-45 minutes.

Vegetable Quiche Ingredients: Salt, sugar, powdered milk, shortening, flour, assorted vegetables, swiss cheese, potatoes

Lorraine Quiche Ingredients: Salt, sugar, powdered milk, shortening, flour, onion, bacon, swiss cheese, vegetables, potatoes

Turkey Dinner Ingredients: Turkey meat, chicken stock, flour, salt, pepper, olive oil, vegetables, stuffing (onions, garlic, spices, celery, potatoes), cranberry sauce.

Chicken Pot Pie Ingredients: Chicken meat, chicken stock, flour, peas, carrots, celery, shortening, salt, pepper, olive oil, milk, worcheshire sauce, potatoes, vegetables. * Put the crust on the rack 15 minutes before serving.

Chicken Milanese Ingredients: Chicken, salt, pepper, garlic, olive oil, thyme, shallots, parmesan cheese, mozzarella cheese, chicken stock, butter, assorted vegetables, chives, potatoes

Mac & Cheese Ingredients: Pasta, cheese, milk, heavy cream, thyme, garlic, vegetables, potatoes
Chef Tip: remove from container, place in a microwave safe bowl, and cover with saran wrap. Microwave on high for 3-5 minutes

- Spaghetti & Meatballs** Ingredients: Pasta, beef, pork, spices, salt, pepper, pasta sauce (onions, spices, garlic, tomatoes), parmesan cheese, mozzarella cheese, assorted vegetables
- Corned Beef Hash** Ingredients: Corned beef, apple juice, water, beer, carrots, celery, salt, pepper, shallots, thyme, onions, red peppers, vegetables, potatoes. **Chef Tip:** Take the hash and saute in a pan with butter over medium heat.
- Ham Dinner** Ingredients: Ham, salt, pepper, pineapple, apple juice, raisins, vegetables, potatoes
- Crab Cake** Ingredients: Crab meat, lemon aioli (lemon zest, lemon juice, salt, worcestershire sauce, red sauce, egg yolks, dijon mustard, vegetable oil), salt, pepper, bread crumbs, panko, lemon juice, paprika remoulade (paprika, mayonnaise, chipotle, lemon juice, salt, pepper, cumin, chili powder, cayenne pepper), vegetables, potatoes
- Chicken Marsala** Ingredients: Chicken, flour, oil, butter, mushrooms, garlic, thyme, shallots, white wine, potatoes, vegetables
- Chicken & Chorizo** Ingredients: Chicken, chorizo (pork, chipotle, garlic, salt, chili powder, cumin, cayenne), potatoes, vegetables, onions, pasta sauce, American cheese
- Chicken Stir Fry** Ingredients: Chicken, rice, soy, flour, ginger, vinegar, sugar, chili peppers, scallions, assorted vegetables, plums, spices, salt, pepper
- Coconut Shrimp** Ingredients: Tiger shrimp, coconut, pineapple, corn starch, scallions, flour, eggs, oil, soy, vegetables & rice.
Chef tip: Remove the cover for the last 10 minutes to crisp up the shrimp!
- Meatloaf** Ingredients: hamburger, onions, flour, eggs, worcestershire sauce, bread, spices, milk, butter, tomato paste, vegetables, starch
- Sausage, Peppers & Onions** Ingredients: italian sausage, peppers, onions, red sauce, spices, salt, pepper, starch, vegetable
- Chop Suey** Ingredients: meat sauce, peppers, onions, tomatoes, cavatappi pasta
- Chicken Broccoli Alfredo** Ingredients: chicken, soy, broccoli, parmesan cheese, heavy cream, milk, butter, flour

Heating Instructions for Soups:

Remove from the container and place in a soup pan. Cook over low-medium heat until hot. Stir occasionally.

Microwave Instructions: Remove from container and put into microwave safe bowl. Cook for 3-5 minutes or until hot

- Lobster Bisque** Ingredients: Cream, lobster, flour, salt, peper, milk, spices, soy
- Beef Stew** Ingredients: Beef, potatoes, celery, carrots, onions, thyme, garlic, salt, pepper, beef stock, worcestershire sauce, spices, flour, butter
- Clam Chowder** Ingredients: Cream, celery, potatoes, clams, milk, sour cream, smoked paprika, garlic, onions, flour, salt, pepper, soy, cayenne peppers, eggs, white wine

Chicken & Rice Soup Ingredients: Chicken stock (chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), chicken, tomatoes, carrots, squash, zucchini, celery, onions, white rice, cauliflower, broccoli, green beans, yellow beans, corn, peas, asparagus, parsnips, sea salt, parsley, scallions, basil, spices.

Chili Ingredients: hamburger, beans, beef broth, tomato paste, onions, peppers, spices, salt, pepper

Bacon Corn Chowder Ingredients: corn, cream, flour, soy, potatoes, bacon, sugar, milk, salt, spices